



## BREAKFAST A LA CARTE

### BENTO BOX - CONTINENTAL

Fresh Baked Pastries, Mini Ham & Cheese Sandwich, Fresh Fruits, Yogurt *14.50*

### BIG DAY BREAKFAST

Three Eggs Any Style, Breakfast Potatoes Applewood Smoked Bacon *16.50*

### 3 EGGS OMELET YOUR WAY

Cage Free Egg, Mushroom, Bell Pepper Omelet Choice Of Country Sausages Or Smoked Bacon, Breakfast Potatoes *16.50*

### CITRUS SCENTED PANCAKES

Fresh Pancakes with Orange-Lime-Lemon Zest Maple Syrup, Whipped Cream *15.00*

### BELGIAN WAFFLE

Maple Syrup, Whipped Cream, Strawberries *15.00*

FRESH FLORIDA ORANGE JUICE *4.00*

GRAPEFRUIT JUICE *4.00*

APPLE, CRANBERRY, TOMATO JUICE *3.50*

## HEALTHY CHOICES

### FRENCH TOAST [LOW FAT]

Whole Wheat Bread dipped in Low Cholesterol Eggs, Crushed Corn Flakes, Fresh Berries & Bananas and Sugar Free Syrup *15.00*

### SEASONAL BERRY PARFAIT

Seasonal Berries, Greek Yogurt, Homemade Granola *10.00*

### OMEGA 3 BREAKFAST

Fresh Sliced Fruits, Flaxseed Muffin, Yogurt Parfait With Berries And Homemade Granola *16.50*

### OATMEAL QUINOA BOWL

Steel Cut Oatmeal, Green Tea Infused Quinoa Almond Milk, Dried Apricot & Cherries, Green Apple *15.00*

### AVOCADO MELT

Whole Wheat English Muffin, Grilled Tomatoes, Avocado, Feta Cheese, Kale Cilantro Oil *16.50*

## A LA CARTE BEVERAGE

PEPSI SOFT DRINKS *3.50*

STARBUCKS COFFEE *4.00*

## OCEAN HAI - SPECIALTIES

### OCEAN HAI BENEDICT

Jumbo Lump Crab Cakes, Poached Egg, English Muffins, Citrus Hollandaise with Chives *18.00*

### TOFU-EGG WHITE SCRAMBLED

Scrambled Egg Whites, Tofu, Fresh Broccolini Sweet Potato Hash *15.00*

### CRAB OMELET

Jumbo Lump Crab Meat, Shishito Peppers, Mitsuba, Sweet Chili Sauce *18.00*

### PORK BELLY OMURICE

Pork Belly Fried Rice Topped with Thin Cilantro Omelet, Japanese Ketchup *14.50*

### EGG & KIMCHI

Fried Eggs, Kimchi, Soy and Scallions *15.50*

CAPPUCCINO OR LATTE *4.00*

ESPRESSO & TAZO TEAS *4.00*

HOT COCOA *3.00*

## WYNDHAM GRAND BREAKFAST BUFFET

### BEVERAGES

Fresh Florida Orange Juice  
Grapefruit Juice  
Apple Juice  
Tomato Juice  
Cranberry Juice  
Starbucks Coffee  
Tazo Tea

### BAKERY STATION

Assorted Fresh Baked Croissant  
Danishes  
Muffins

### STATION

Seasonal Fruit & Berries

### YOGURT STATION

Fruit Parfaits  
Greek Yogurts  
Homemade Granola

### HOT CEREALS

Steel Cut Oatmeal and Stone Ground Grits  
Brown Sugar  
Dried Fruits  
Toasted Coconut

### GARNISHES

Applewood Smoked Bacon  
Breakfast Sausages  
Breakfast Potatoes

### GOURMET

#### OMELET STATION

Cage Free Eggs  
Egg Whites  
Applewood Smoked Bacon  
Pork and Turkey Sausages  
Ham  
Broken Shrimp  
Spinach  
Bell Peppers  
Onions  
Mushrooms  
Tomatoes  
Jalapenos  
Cheddar  
Jack  
Swiss  
Feta

### PANCAKES

Berry Compote  
Whipped Cream  
Chocolate Chips  
Maple Syrup  
Sugar Free Syrup

### BAGEL BAR

Assorted Bagels  
Icelandic Smoked Salmon  
Capers  
Onions  
Chopped Hard Boiled Eggs  
Sliced Tomatoes  
Assorted Cream Cheeses  
Flaxseeds

ADULTS *25.00*

CHILDREN 6-12 *11.00*

CHILDREN 6 AND UNDER *FREE*

*(one child per adult buffet)*